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## *Suggested Use & Kinesiologic testing*

**A note about using Aloe Ferox:** The bitter aloin content of Aloe Ferox compared to Aloe Vera, is approximately 1000 times higher. Very small amounts are needed to clear the bowel of debris, mucous, bile sludge, parasites, worms and other pathogens. Mild “cramping” can be experienced in some people during the first few days of cleaning. Aloe Ferox is a remarkable tissue healer. Our Whole Leaf Capsules is a blend of Leaf Powder and Bitter Extract. The combination of whole leaf components, afford the best whole-body detox and immune support. The Leaf Powder can be used on its own and/or together with the Bitter Extract as a warm tea. A therapeutic dose for one day: ¼ teaspoon Leaf Powder with 1/8<sup>th</sup> teaspoon Bitter Extract. This makes a very bitter mug of tea. Most people prefer 1 or 2 Whole Leaf Capsules daily for the same therapeutic dose and no taste issues. Consider 90 days for effective parasite cleansing. Can be use indefinitely for maintenance. Aloe Ferox is a general anti-infective agent.

**Aloe Ferox Leaf Powder – Test:** liver, gallbladder, stomach, small intestine, colon (L, R) Broad spectrum multi-nutrient - immune compound including amino acids, glyco nutrients & polysaccharides. Constipation, liver and blood cleansing. ¼ teaspoon daily.

**Aloe Ferox Bitter Extract – Test:** stomach, small intestine, colon (L,R), bladder, prostate, liver, gallbladder, sinus. Aloin (bitter extract) is an effective anti-parasitic and relieves stubborn constipation. 1/8 teaspoon daily.

**Aloe Ferox Bitter Juice** 16.5% alc. by vol. Pinotage red wine – **Test:** stomach, small intestine, colon (L,R), bladder, prostate, liver, gallbladder, sinus. Relieves stubborn constipation and clears pathogens from the blood and bowel. 1 Tablespoon daily.

**Aloe Ferox Whole Leaf Caps - Test** same points as above with 1 or 2 capsules for most people, per day.

**Camu Camu Vitamin C Fruit Powder – Test:** Adrenals, Spleen, Heart (inflow and outflow), Spleen 10 (leg circulation), Eye, Thymus, C7-T1 (bone metabolism). Whole Camu Camu fruit powder with quercetin and ellagic acid. Chronic and acute asthma, adrenal stress, heart, vascular, nerve, cell energy. 2 to 10 teaspoons or more daily, depending on stress level. 1 teaspoon contains 250mg of active Vitamin C.

**Baobab Superfruit Powder – Test:** Occiput (L,R) and other brain points, Adrenals, Heart (inflow and outflow), Spleen 10 (leg circulation), Eye, Thymus, C7-T1 (bone metabolism). Whole Baobab fruit powder is a high ORAC value antioxidant with 14 amino acids, inulin, iron, calcium and vitamin C. 2 to 10 teaspoons or more depending on stress level and free radical assessment.

**Rooibos Powdered Extract – Test:** Occiput (L,R) and other brain points, Parathyroid, Liver, Gallbladder. High ORAC value antioxidants Aspalathin, Quercetin, Vitexin. Used to lower elevated liver enzymes and raise Glutathione. Exceptional cell hydration, used by hundreds of professional athletes. ¼ teaspoon in 8oz warm or cold water. NO boiling water. Can be consumed all day, naturally no caffeine. Suitable for infants with cholic.

**ionic Mineral Drops – Test:** Heart, Thyroid, Kidney, Adrenal, Bone Metabolism. Ionic minerals is a Magnesium concentrate with its complete 72 mineral matrix. Adult dose: 2ml (20 drops in water daily). Suitable for children, athletes and seniors.

**pH Salts – Test:** Heart, Thyroid, Kidney, Adrenal, Bone Metabolism. pH Salts is a special blend of Calcium, Magnesium, Potassium & Sodium to maintain a slightly alkaline pH of all body fluids. Most people use 1 teaspoon daily. Best taken with ionic mineral drops in water, spread thru the day.

**Nascent Iodine – Test:** Thyroid, Brain, Breast, Ovary, Cervix, Prostate. An atomic form of iodine for exceptional uptake, 10 to 30 drops daily, especially with immune and menstrual concerns.

**Rice Bran Superfood – Test:** Occiput (L,R), Cell Energy, (L,R), Heart Inflow & Outflow, Spleen, Adrenal. Provides all 7 parts of Vitamin E Complex, B Complex, 5 phosphatides for brain, CoQ-10, Alpha Lipoic Acid. Broad-spectrum antioxidant – multi-nutrient food for children, athletes and seniors. 2 to 6 tablespoons or more as needed.