

# BAOBAB

Africa's big trees grow to 1500 years old with nutrient-dense fruit.



The African Baobab is an enormous tree bearing fruit that contains many essential nutrients including minerals and Vitamin C.

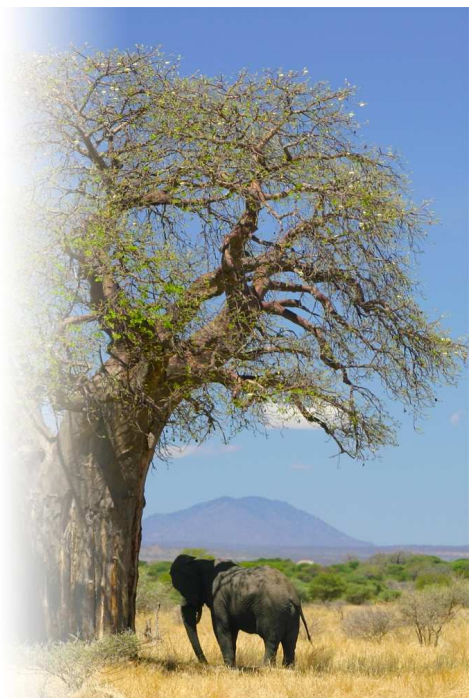
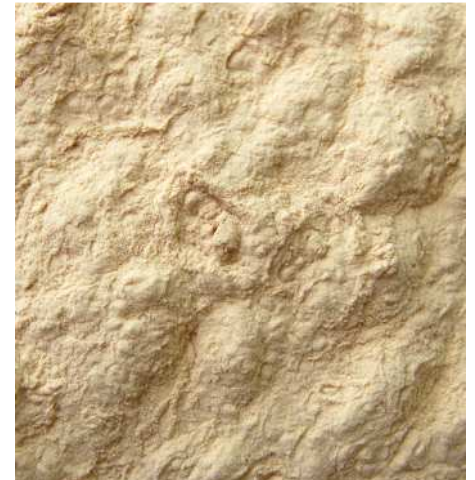
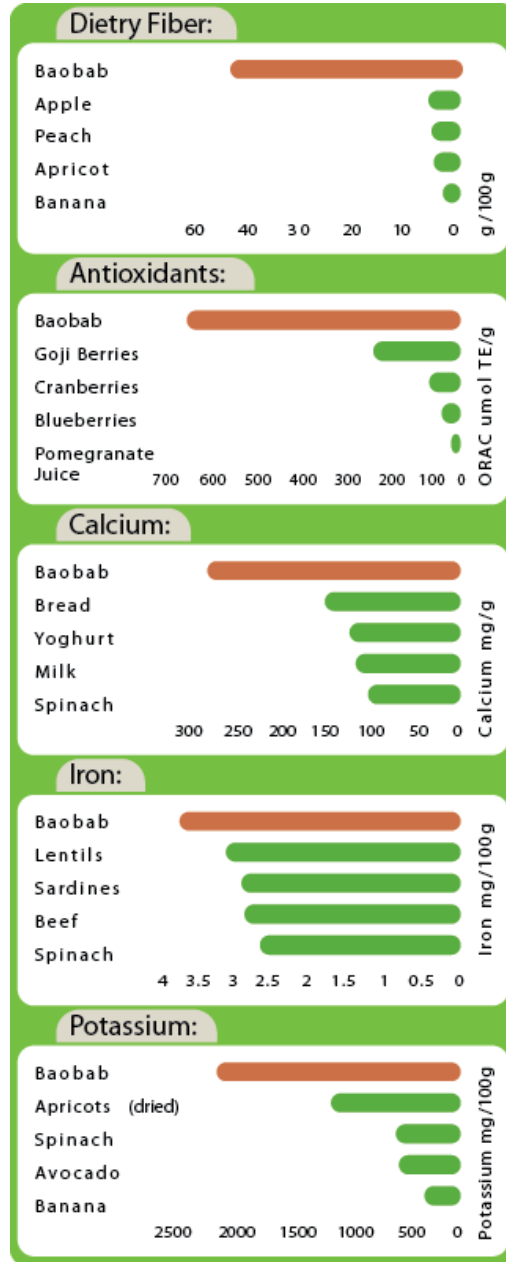


Baobab fruit powder is a raw, whole food.

Baobab fruit powder dehydrates naturally inside the fruit of the Baobab tree (*Adansonia digitata*). The fruit is separated from the seeds and sieved before packing. Baobab fruit powder is not pasteurized, heat extracted, freeze dried or concentrated. No nutrients are lost and the powder remains whole and unprocessed.

Africans have been eating Baobab fruit for centuries for its variety of nutrients:

Antioxidants	650 ORAC/g
Calcium	>320 mg/100 g
Potassium	>2150 mg/100 g
Iron	6 mg/100 g
Magnesium	148 mg/100 g
Calories	108/100 g
Total Carbohydrates	78 g/100 g
Protein	2 g/100 g
Fat	0.3g/100 g
Total Dietary Fiber	50 g/100 g
Total Sugar	18 mg/100 g
Vitamin C	120 mg/100 g



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